STROKE & HYPERTENSION CONGRESS 2018
STELLENBOSCH HOTEL

FRIDAY, 3 AUGUST

7:00 Registration Opens  Venue: Exhibition Hall (Omega)

08:30 - 10:30 Opening: Novel Approaches to Improve Outcomes (Chairs: Prof. Alan Bryer, Prof. Angela Woodiwiss)  Venue: Magnifica

08:30 - 08:40 Welcome and Opening  Prof. Alan Bryer and Prof. Angela Woodiwiss

08:40 - 09:10 Pathophysiology of arterial function  Prof. Gavin Norton

09:10 - 09:50 Do measurements of arterial structure and function add value to risk assessment  Prof. Ray Townsend

09:50 - 10:20 Novel approaches to risk assessment  Prof. Angela Woodiwiss

10:20 - 11:00 Tea/Coffee  Venue: Exhibition Hall (Omega)

11:00 - 12:30 Strategies to Identify and Reduce Risk (Chairs: ……….)

11:00 - 11:30 Ambulatory BP versus home BP monitoring: Pros and Cons  Prof. Jan Staessens

11:30 - 12:00 Novel antidiabetic agents and their role in BP management to prevent renal and cardiovascular diseases  Prof. Ray Townsend

12:00 - 12:30 Closure of PFO for cryptogenic stroke  Dr Mpiko Ntskehe

12:30 - 13:30 Lunch and Poster Viewing  Venue: Exhibition Hall (Omega)

13:30 - 15:00 The Management of Stroke & Hypertension I (Chairs: ……….)

13:30 - 14:10 Therapies to improve outcome in intracerebral haemorrhage  Prof. Atte Meretoja

14:10 - 14:40 Causes and management of HIV-associated stroke  Dr Kathleen Bateman

14:30 - 15:00 EU management of stroke in a public hospital: optimisation in a resource-limited setting  Prof. Feroza Motara

15:00 - 15:20 Tea/Coffee  Venue: Exhibition Hall (Omega)

15:20 - 16:50 Oral presentations (Chairs: ……….)

15:20 - 15:30 Abnormalities on carotid Doppler in large vessel territory anterior circulation strokes  Dr Leon Gwaunza

15:30 - 15:40 The effect of combination anti-hypertensive treatment on pulse wave velocity in Black Africans with mild to moderate hypertension: a preliminary report  Dr Erika Jones

15:40 - 15:50 Cardiovascular structure and function adversely relate to vascular calcification markers in young adults: The African-PREDICT study  Prof. Ruan Kruger

15:50 - 16:00 Endothelial biomarkers in young HIV-infected individuals with acute ischaemic stroke: a case-control study in Cape Town, South Africa  Dr. Kate McMullen

16:00 - 16:10 Central systolic pressure and arterial stiffness are associated with a non-essential amino acid signature in young black adults: The African PREDICT study  Prof. Catharina Mels

16:10 - 16:20 Insulin resistance influences the impact of hypertension on left ventricular diastolic dysfunction in a community sample  Dr. Vernice Peterson

16:20 - 16:30 The effect of lercanidipine or lercanidipine/enalapril combination on BP in treatment naive patients with stage 1 and 2 systolic hypertension  Prof. Brian Rayner

16:30 - 16:40 The association of depressive symptoms in patients with acute myocardial infarction in a regional hospital in Durban, South Africa  Prof. Naresh Ranjith

16:40 - 16:50 Predictors of hypertension awareness, treatment and control in South Africa: Results from the WHO-SAGE population survey (Wave 2)  Dr. Lisa Ware

17:00 - 18:00 Cocktail Function  Venue: Exhibition Hall (Omega)

19:00 Speakers Dinner (by invitation)  Venue: Protea Hotel Clubhouse

SATURDAY, 4 AUGUST

07:00 - 08:00 Boehringer Ingelheim Breakfast Symposium  Venue: Magnifica

08:30 - 10:30 Plenary session (Chairs: ……….)

08:30 - 08:40 BP targets-results of SPRINT  Prof. Jan Staessens

09:10 - 09:40 The New ACC/AHA hypertension guidelines: are they relevant to South Africa?  Prof. Brian Rayner

9:40 - 10:20 Advances in Endovascular therapy for acute ischaemic stroke  Dr. Mark Abelson

10:20 - 11:00 Tea/Coffee  Venue: Exhibition Hall (Omega)

11:00 - 12:30 Plenary session (Chairs: ……….)

11:00 - 11:30 Future of stroke therapy  Prof. Atte Meretoja

11:30 - 12:00 Lipid management for stroke prevention  Prof. Dirk Blom

12:00 - 12:30 Approach to Young Stroke  Dr. Naeem Brey

11:00 - 12:30 Hypertension Management Masterclass for GP’s, Nurses, Pharmacists & Dieticians (Chairs: ……….)

11:00 - 11:20 BP measurement: accredited devices and correct procedure  tb (Prof Joe Veriava)

11:20 - 11:40 Understanding and interpreting results of basic tests  Prof. Nash Ranjith

11:40 - 12:00 Basic approach to pharmacotherapy  Dr. Erika Jones

12:00 - 12:20 Advice on when to refer a patient  Prof. Rajen Moodley

12:20 - 12:40 Discussion / Question and Answers  All Faculty

12:30 - 13:00 Lunch  Venue: Exhibition Hall (Omega)

13:30 - 15:00 Recent advances in understanding hypertension development in Africa (Chairs: ……….)

13:30 - 14:00 Early vascular aging in black South Africans  Prof. Alta Schutte

14:00 - 14:30 Physiological treatment of resistant hypertension in Africa  Prof. Brian Rayner

14:30 - 15:00 Update on South African Stroke Guidelines  Prof. Alan Bryer

15:00 - 15:30 Tea/Coffee  Venue: Exhibition Hall (Omega)

13:30 - 15:00 Stroke Management Masterclass for GP’s, Nurses, Pharmacists & Dieticians (Chairs: ……….)

13:30 - 13:50 Strategies to overcome communication problems in stroke  Ms. Lee Meyer

13:50 - 14:10 Nursing peri-thrombolysis and endovascular therapy  Prof. Ronel Pretorius

14:10 - 14:30 Swallow assessment in stroke  Ms. Lee Meyer

14:30 - 14:50 Optimising nutrition in stroke  Ms Lynette Cilliers

14:50 - 15:10 Pressure care, DVT prevention & temperature management  Prof. Ronel Pretorius

19:00 Venue: Cultivar Extension